FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Ad	Idress of Reporting V Greg	Person [*]	2. Issuer Name and Ticker or Trading Symbol Kosmos Energy Ltd. [KOS]		tionship of Reporting Person(s) to Issuer all applicable)			
(Last)			- 3. Date of Earliest Transaction (Month/Day/Year) 04/24/2014	x	Director Officer (give title below) Executive VP :	10% Owner Other (specify below) and CFO		
8176 PARK I	LANE, SUITE 50	0	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	6. Individual or Joint/Group Filing (Check Applicable Line)			
(Street)				X	Form filed by One Re	porting Person		
DALLAS	TX	75231	-		Form filed by More the Person	an One Reporting		
(City)	(State)	(Zip)						
	t) LAS TX 75231 Person X Form filed by One Reporting Person Form filed by More than One Reporting Person							

2. Transaction 2A. Deemed 5. Amount of 6. Ownership 7. Nature of 1. Title of Security (Instr. 3) 3. 4. Securities Acquired (A) or Date Execution Date, Transaction Disposed Of (D) (Instr. 3, 4 Securities Form: Direct Indirect (Month/Dav/Year) Beneficially (D) or Beneficial if anv Code (Instr. and 5) (Month/Day/Year 8) Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported (A) or Code v Amount Price . Transaction(s) (D) (Instr. 3 and 4) Common Shares 04/24/2014 **S**⁽¹⁾ \$11⁽²⁾ 6,318,592 D 63,614 D See **S**⁽³⁾ 04/24/2014 D **\$11**⁽⁴⁾ Common Shares 31,807 1,534,063 I footnote⁽⁵⁾

															100011010
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	B. Transaction 3A. Deemed Execution Date,		4. Transaction Code (Instr. 8) 4 (Code (Instr. 5 4 (0 0 0 0 0 0 0 0 0 0 0 0 0		sed			, I		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$11.00 to \$11.05, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 and 4 to this Form 4.

3. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 trading plan adopted by 2008 Carnegie, Ltd.

4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$11.00 to \$11.05, inclusive.

5. These shares are directly owned by 2008 Carnegie, Ltd., an entity controlled by the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.

Remarks:

/s/ Phillip Feiner, as Attorney-04/24/2014

in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.