## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> MAXTED BRIAN F	2. Issuer Name <b>and</b> Ticker or Trading Symbol Kosmos Energy Ltd. [ KOS ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Midd C/O KOSMOS ENERGY, LLC	3. Date of Earliest Transaction (Month/Day/Year) 01/03/2017	X         Director         To is owner           X         Officer (give title below)         Other (specify below)           Chief Exploration Officer					
8176 PARK LANE, SUITE 500 (Street) DALLAS TX 752: (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	<ul> <li>6. Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>					

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(1150.4)	(Instr. 4)
Common Shares	01/03/2017		F		14,995(1)	D	\$7.01	1,730,297	D	
Common Shares	01/03/2017		F		14,127(2)	D	\$7.01	1,716,170	D	
Common Shares								6,729,864	Ι	See footnote <sup>(3)</sup>
Common Shares								1,175,397	Ι	See footnote <sup>(4)</sup>
Common Shares								474,625	Ι	See footnote <sup>(5)</sup>

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

L						-		-		_	-				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)		of Deriv Secu Acqu (A) o Dispo of (D	rities lired r osed ) . 3, 4	Expiration Date (Month/Day/Year) sed 3, 4		7. Title Amour Securi Underl Deriva Securi 3 and 4	nt of ties ying tive ty (Instr.	of Derivative	derivative	Ownership Form: Direct (D)	Beneficial Ownership
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

#### Explanation of Responses:

1. These shares were withheld by the Issuer to satisfy the tax withholding requirement arising from the vesting of restricted share units granted to the reporting person under the Issuer's Long Term Incentive Plan.

2. These shares were withheld by the Issuer to satisfy the tax withholding requirement arising from the vesting of restricted shares granted to the reporting person under the Issuer's Long Term Incentive Plan. 3. These shares are directly owned by Maxted Family Investments, Ltd., an entity controlled by the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.

4. These shares are directly held by the reporting person's wife and reflect a gift of 13,821 shares made by the reporting person on June 1, 2016 upon the vesting of restricted share units granted to the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.

5. These shares are directly owned by Maxted Holdings, LLC, an entity controlled by the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.

#### By: /s/ Phillip Feiner, as Attorney-in-Fact \*\* Signature of Reporting Person

01/05/2017

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.