UNITED STATES SECURITIES AND EXCHANGE COMMISSIO

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

SION	OMB APPROVAL									
	OMB Number:	3235-0287								
IP	Expires:	December 31, 2014								
34, Section	Estimated average burden									
30(h) of the	hours per response	0.5								
5. Relationship of Reporting Person(s) to										

10% Owner

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h Investment Company Act of 1940 See Instruction 1(b). 2. Issuer Name and Ticker or Trading Symbol 1. Name and Address of Reporting Person<sup>\*</sup> Kosmos Energy Ltd. [KOS] Issuer Hayes William S (Check all applicable) 3. Date of Earliest Transaction (Month/Day/Year) Director 08/04/2014 (First) (Middle)

(Last) C/O KOSM( LANE, STE	· · · · · · · · · · · · · · · · · · ·	(Middle) LC, 8176 PARK	08/04/2014	X Officer (give Other (specify title below) below) SVP, Government Affairs
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)
DALLAS	ТΧ	75231		X Form filed by One Reporting Person
(City)	(State)	(Zip)	—	Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Common Shares	08/04/2014		S <sup>(1)</sup>		16,000	D	\$ 9.5 <sup>(2)</sup>	1,240,503	D		

Check this box if no longer subject to Section

16. Form 4 or Form 5 obligations may continue.

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8		5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

## Explanation of Responses:

1. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$9.50 to \$9.51, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price set forth in this footnote to this Form 4.

/s/ Phillip Feiner, as Attorney-in-Fact \*\* Signature of Reporting Person

08/05/2014

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.