FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C.	20549
---------------	------	-------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
--

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Doughty Jason						2. Issuer Name and Ticker or Trading Symbol Kosmos Energy Ltd. [KOS]									Check	ationship of Reporting all applicable) Director Officer (give title below) SVP and Ge		10%	Issuer Owner r (specify
(Last) (First) (Middle) C/O KOSMOS ENERGY, LLC 8176 PARK LANE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 01/02/2020										X			belov eneral Counse	v) .
(Street) DALLAS (City)	4. If Amendment, Date of Original Filed (Month/Day/Year) LLAS TX 75231									ar)		i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired	, Dis	posed c	f, or	Bene	eficia	ally C)wne	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution [Code (Instr.						4 and Sec Ben Owr Rep		cially d Following ted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D)		Price	e Trans (Instr		action(s) 3 and 4)			
common shares 01/02					/2020			F		14,844	4 ⁽¹⁾ D		\$5.	5.65 7		76,412	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			Date,		ransaction ode (Instr.) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of Title Shares		ount nber	ıt r		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. These shares were withheld by the Issuer to satisfy the tax withholding requirement arising from the vesting of restricted share units granted to the reporting person under the Issuer's Long Term Incentive Plan.

Remarks:

/s/ Richard J. Stephens as 01/06/2020 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.