FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	/AL
OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no long Form 4 or Form 5 obligat Instruction 1(b).		Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									Estimated average burden hours per response:			0.5				
1. Name and Address of Reporting Person* <u>Moraeus Hanssen Maria</u> (Last) (First) (Middle)				3	2. Issuer Name and Ticker or Trading Symbol Kosmos Energy Ltd. [KOS] 3. Date of Earliest Transaction (Month/Day/Year) 04/25/2023									elationship of Reporting Person(s) to Iss ck all applicable) X Director Officer (give title below)			10% Owr	ner vecify below)
8176 PARK LANE, SUITE 500 (Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individ X	lividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
DALLAS	ТХ	75	231		Rule 10b5-1(c) Transaction Indication													
(City)	(State)	(Zip))	[Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
																		1
			Table I -	Non-D	erivative	Securi	ties Acc	quired,	Disp	osed of	, or Bei	neficially	Owned					
1. Title of Security (Instr. :	3)		Table I - I	2. Tra Date	ansaction	2A. Deer Execution	med on Date,	3. Transa Code (In	action	4. Securi	,	red (A) or Di	sposed Of	5. Amount of Sec Beneficially Own Following Repor	ied ted	Direct (7. Nature of Indirect Beneficial
1. Title of Security (Instr. 3	3)		Table I - I	2. Tra Date	ansaction	2A. Deer Execution	med	3. Transa	action	4. Securi	, ties Acqui	red (A) or Di	sposed Of	Beneficially Own	ied ted	Direct (D) or	Indirect
1. Title of Security (Instr. : Common Stock	3)		Table I - I	2. Tra Date (Mon	ansaction	2A. Deer Execution	med on Date,	3. Transa Code (In	action str. 8)	4. Securit (D) (Instr.	, ties Acquir . 3, 4 and 5	red (A) or Di 5)	sposed Of	Beneficially Own Following Repor Transaction(s) (I	ied ted	Direct (D) or	Indirect Beneficial Ownership
	3)			2. Tra Date (Mon 04	ansaction hth/Day/Year /25/2023	2A. Deer Executio if any (Month/I	med on Date, Day/Year) es Acqu	3. Transa Code (In Code A ired, Di	v ispos	4. Securit (D) (Instr. Amount 3,23 ed of, o	ties Acquin . 3, 4 and 5 38 ⁽¹⁾ or Bene	(A) or (D) (A) or (D) A ficially O	sposed Of Price \$0	Beneficially Own Following Repor Transaction(s) (I and 4)	ied ted	Direct (D) or t (I) (Instr. 4)	Indirect Beneficial Ownership
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		2. Tra Date (Mon 04	ivative S (., puts, c (., s)	2A. Deer Executio if any (Month/I	emed on Date, (Day/Year) es Acqu arrants, of Securities A) or of (D)	3. Transa Code (In: Code A ired, Di option	action str. 8) V ispos S, COI Exercision Date	4. Securit (D) (Instr. Amount 3,23 ed of, o nvertible able and	ties Acquia . 3, 4 and 5 38 ⁽¹⁾ or Bene e Secur 7. Title a	red (A) or Di (A) or (D) A ficially O rities) nd Amount of ng Derivativ	Price \$0 wned	Beneficially Own Following Repor Transaction(s) (li and 4) 3,238 8. Price of	ied ted	Direct (Indirect	D) or t (I) (Instr. 4)	Indirect Beneficial Ownership

Explanation of Responses:

1. These restricted share units were granted under the Issuer's Long Term Incentive Plan (the "Plan") and are scheduled to vest 100% on the earlier of April 25, 2024 or the day immediately preceding the date of the Issuer's first annual shareholder meeting following the date of grant, subject to the terms of the Plan and the applicable award agreement issued thereunder.

Remarks:

/s/ Josh R. Marion, Attorney-in-Fact 04/26/2023 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, see Instruction 4 (b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Jason E. Doughty, Josh R. Marion and William G. Kroner (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a reporting person of Kosmos Energy Ltd. (the "Company") pu (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of any of such attorney-in-fact, may I The undersigned hereby grants to each such attorney-in-fact full power and authority to act separately and to do and perform any and every act This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of April, 2023.

Signature: Name: /s/ Maria Moraeus Hanssen Maria Moraeus Hanssen