FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

\Box	Check this box if no longer subject to Section 16.
	Form 4 or Form 5 obligations may continue. See
$\overline{}$	Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					01	000000000000000000000000000000000000000	(II) OI lile II		τ Ο Ο	ourry 7 tot 01	10-10							
Name and Address of Reporting Person* STICE J MICHAEL					2. Issuer Name and Ticker or Trading Symbol Kosmos Energy Ltd. [KOS]									onship of Reporti Il applicable) Director	ng Person(s) to Issuer		er 10% Owr	ner
(Last) (First) (Middle) 8176 PARK LANE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 04/25/2023									Officer (give title below)		Other (spe		ecify below)
(Street) DALLAS (City)	TX (State)	75: (Zig		4	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individ	vidual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
			Table I -	Non-D	erivativ	e Securi	ties Acc	uired,	Disp	osed of	, or Be	neficially	Owned					
D D			Date	nsaction th/Day/Yea		med on Date,			ities Acquired (A) or Dispos r. 3, 4 and 5)		sposed Of	5. Amount of Securities Beneficially Owned Following Reported		s 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial		
				Ι΄	•	(Month/	(Month/Day/Year)		v	Amount		(A) or (D)	Price	Transaction(s) (Instr. and 4)				Ownership (Instr. 4)
Common Stock				04/	/25/2023	3		A		3,23	238 ⁽¹⁾ A		\$0	3,238		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code (In		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable a Expiration Date (Month/Day/Year)		е	7. Title and Amount of Se Underlying Derivative Se 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivativ Securitie Beneficia Owned	e Ov es Fo ally (D)	vnership rm: Direct) or direct (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Security			Code	v	(A) (D)				Expiration Date Title		Amount or Number of Shares		Followin Reported Transact (Instr. 4)	ion(s)	str. 4)		

Explanation of Responses:

Domorko

/s/ Josh R. Marion, Attorney-in-Fact

04/26/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} These restricted share units were granted under the Issuer's Long Term Incentive Plan (the "Plan") and are scheduled to vest 100% on the earlier of April 25, 2024 or the day immediately preceding the date of the Issuer's first annual shareholder meeting following the date of grant, subject to the terms of the Plan and the applicable award agreement issued thereunder.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Jason E. Doughty, Josh R. Marion and William G. Kroner (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a reporting person of Kosmos Energy Ltd. (the "Company") pu (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of any of such attorneys-in-fact, may I The undersigned hereby grants to each such attorney-in-fact full power and authority to act separately and to do and perform any and every act This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of April, 2023.

Signature: /s/ J. Michael Stice Name: J. Michael Stice