FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar Dunley (Last) C/O KOS 8176 PA	3. Da 04/0	Issuer Name and Ticker or Trading Symbol Kosmos Energy Ltd. [KOS] Date of Earliest Transaction (Month/Day/Year) 04/01/2014 If Amendment, Date of Original Filed (Month/Day/Year)									Dire X Offi bek Individual	ctor cer (give title ow) Executive or Joint/Gro	orting Person(s) to Issuer 10% Owner tle Other (specify below) ve VP and CFO roup Filing (Check Applicable						
(Street) DALLAS (City)			5231 Zip)													X Form filed by One Reporting Person Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/Y					Year) i	Execution Date,			Transaction Dispose Code (Instr. and 5)			ties Acquired (A) or d Of (D) (Instr. 3, 4			5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	Amount	nt (A) (D)		Price	Repor Trans			4)	(11130 : 4)			
Common Shares 04/01/2					014			S ⁽¹⁾		46,321		D	\$11 ⁽²	2) 6,5	529,177		D		
Common Shares 04/01/2)14			S ⁽³⁾		23,160		D	\$116	1,639,355				See footnote ⁽⁵⁾	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	rivative or Exercise Price of Derivative Security Date (Month/Day/Year) Month/Day/Year Facultion Date, if any Core (Month/Day/Year) Month/Day/Year Mo			Transa Code (I		5. Nu of Deriv Securi Acqu (A) or Dispo of (D) (Instrand 5	rities ired rosed . 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instra 3 and 4) Amou or Numb of Title Share		ount nber	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transacti (Instr. 4)	is Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$11.00 to \$11.05, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 and 4 to this Form 4.
- 3. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 trading plan adopted by 2008 Carnegie, Ltd.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$11.00 to \$11.05, inclusive.
- 5. These shares are directly owned by 2008 Carnegie, Ltd., an entity controlled by the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.

Remarks:

/s/ Phillip Feiner, as Attorneyin-Fact
** Signature of Reporting Person

04/01/2014

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.