FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					2. Issuer Name and Ticker or Trading Symbol Kosmos Energy Ltd. [KOS]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last)	(Fire	,	/liddle)			3. Date of Earliest Transaction (Month/Day/Year) 04/08/2014										er (give title w)			(specify	
8176 PARK LANE, SUITE 500					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)					
(Street) DALLAS	TX	7	5231		_											X Form filed by One Reporting Person Form filed by More than One Reportin Person				
(City)	(Sta	ate) (Z	Zip)																	
			e I - N	Non-Deriv				S Acc	• •	Dis					i					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,			,	3. Transaction Code (Instr. 8)		4. Securities Acquired (AD Disposed Of (D) (Instr. 3 and 5)				5. Amo Securit Benefic Owned	es For ially (D)		n: Direct or ect (I)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) (D)		rice			(Inst	r. 4)	(Instr. 4)			
Common Shares														2,5	14,516		D			
Common Shares															6,72	29,864			See footnote ⁽²⁾	
Common Shares															1,10	51,576			See footnote ⁽³⁾	
Common Shares 04/08/2)14				S ⁽¹⁾		500	D \$10.5		930,862				See footnote ⁽⁴⁾			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Month/Day/Year) 3. Transaction Date Execution Execution Date (Month/Day/Year) if any (Month/Day			tion Date,	4. Transactio Code (Inst 8)				6. Date I Expiration (Month/I	on Da		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		tr.	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	ode V (A) (D)		(D)			Expiration Date	Title	Or Num Of Shar							

Explanation of Responses:

- 1. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 trading plan.
- 2. These shares are directly owned by Maxted Family Investments, Ltd., an entity controlled by the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.
- 3. These shares are directly held by the reporting person's wife. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.
- 4. These shares are directly owned by Maxted Holdings, LLC, an entity controlled by the reporting person. The reporting person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest therein.

Remarks:

/s/ Phillip Feiner, as Attorneyin-Fact 04/08/2014

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.