FORM 4

Check this box if no longer subject to Section 16

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL					
OMB Number:	3235-0287				
Estimated average burden					
hours per response:	0.5				

Form 4 or Form 5 obligat Instruction 1(b).	ions may contii	ue. See		Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										hours per response:			0.5	
1. Name and Address of Reporting Person <sup>*</sup> Grant John Douglas Kelso						2. Issuer Name and Ticker or Trading Symbol <u>Kosmos Energy Ltd.</u> [ KOS ]									ng Person(	(s) to Issu	10% Owr	
(Last) 8176 PARK LANE, S	(First) UITE 500	(Mi	ddle)		3. Date of Earliest Transaction (Month/Day/Year) 04/25/2023									Officer (give ti	title below) Other (spec			ecify below)
(Street) DALLAS TX 75231 (City) (State) (Zip)										6. Individ X	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
			Table I -			e Securi	ities Acc	uired,	Disp		,	,						
				Date	insaction th/Day/Year			3. Transaction Code (Instr. 8) (D) (Inst		4. Securi (D) (Instr.	ties Acqui . 3, 4 and 5	red (A) or Di 5)	sposed Of	5. Amount of See Beneficially Own Following Repor	ed ted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial
							(Month/Day/Year)		v	Amount		(A) or (D)	Price	e Transaction(s) (I and 4)		nstr. 3		Ownership (Instr. 4)
Common Stock						3		Α		3,238(1)		Α	<b>\$</b> 0	3,238		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	4. Trans Code (Ir		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)		e	Underlying Derivative Se			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following	e O es F ally ([	.0. Dwnership Form: Direct D) or ndirect (I) Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Expiration Exercisable Date			N		Amount or Number of Shares		Reported Transacti (Instr. 4)	i ion(s)		

Explanation of Responses:

1. These restricted share units were granted under the Issuer's Long Term Incentive Plan (the "Plan") and are scheduled to vest 100% on the earlier of April 25, 2024 or the day immediately preceding the date of the Issuer's first annual shareholder meeting following the date of grant, subject to the terms of the Plan and the applicable award agreement issued thereunder.

Remarks:

/s/ Josh R. Marion, Attorney-in-Fact \*\* Signature of Reporting Person Date

04/26/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Jason E. Doughty, Josh R. Marion and William G. Kroner (1) execute for and on behalf of the undersigned, in the undersigned's capacity as a reporting person of Kosmos Energy Ltd. (the "Company") pu (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of any of such attorneys-in-fact, may I The undersigned hereby grants to each such attorney-in-fact full power and authority to act separately and to do and perform any and every act This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of April, 2023.

Signature: /s/ Sir John Douglas Kelso Grant Name: Sir John Douglas Kelso Grant